

## CHOLESTEROL RATINGS

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Cholesterol levels by age: Differences and recommendations

There are three types of cholesterol: HDL or good cholesterol, LDL or bad cholesterol, and total cholesterol. Read this article to find out the recommended levels of What are Good Cholesterol Numbers? (with pictures)

Cholesterol numbers are expressed in different units of measurement in different countries, but good cholesterol numbers in the

Facts on Cholesterol - Unlock Food

Facts on Blood cholesterol vs. dietary cholesterol. Do you need to be worried about cholesterol in food. Food choices should include soluble fibre, phytosterols, nuts

Cholesterol Level Charts: What Is a Good Range?

Read information about understanding your cholesterol and triglyceride levels. Cholesterol charts, find out what your cholesterol numbers mean and what they should be. Cholesterol Readings

As this eMedTV article explains, cholesterol readings are essential for fully understanding your risk for heart disease. This resource explains what your readings

List of Statins + Uses, Types & Side Effects - Drugs.com

Statins (also called HMG-CoA reductase inhibitors) block an enzyme called HMG-CoA reductase that is involved in the synthesis of mevalonate, a precursor to sterols

Healthy Cholesterol Levels Chart | Cholesterol HDL Ratio

Check your Cholesterol Ratio from our Cholesterol Levels Chart. What is your Cholesterol Ratio and associated Health Risks? For further details visit our website.

Finding the Ideal Cholesterol Ratio - WebMD

WebMD explains what cholesterol ratio means and gives guidelines for reaching the ideal ratio. Learn how HDL, LDL, total cholesterol, triglycerides, and heart disease

Eat to lower your cholesterol | Heart and Stroke Foundation

Cholesterol isn't all bad news. Follow these tips to lower your cholesterol, the natural way.

Compare Current High Cholesterol Drugs and Medications ...

Looking for medication to treat high cholesterol? Find a list of current medications, their possible side effects, dosage, and efficacy when used to treat or reduce Cholesterol - what you can do to lower your level ...

Cholesterol is a type of fat made by your liver. Some cholesterol comes from the food that you eat. Foods that come from animals – such as eggs, meat and dairy

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If you've had your cholesterol levels tested, you might like to know how they compare to the UK average. Find out about normal cholesterol levels here.

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